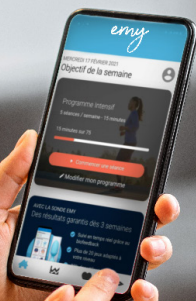




TRAIN YOUR PELVIC FLOOR

with our free mobile app



Emy - Kegel exercises

RECOMMENDED BY HEALTHCARE PROFESSIONALS



Bladder
control



Postpartum
recovery



Intimate
well-being



Prevent
prolapse

DISCOVER

emy

The smart Kegel Trainer



Short training sessions
of 5 to 20 minutes



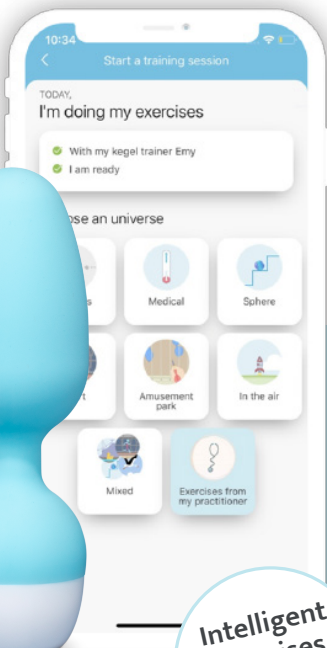
Results visible
within 3 weeks



Visualise your
muscles contractions
in real-time



30+ fun exercises



Intelligent
exercises
adapt to your
progress

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