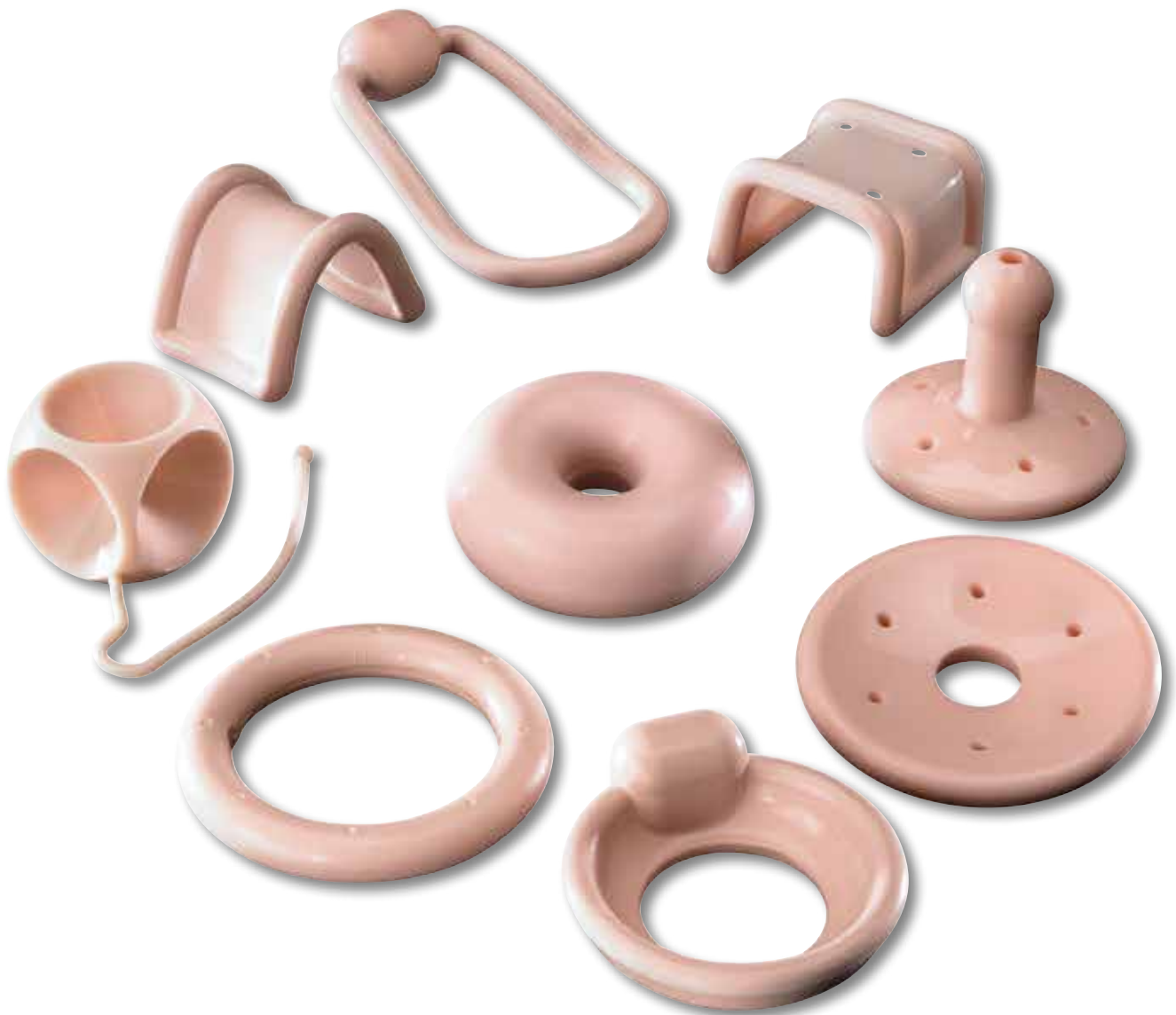


MILEX[®] Pessary Reference Guide

Pessaries for Incontinence and Pelvic Organ Prolapse



The Support Your Patient Needs... the Quality You Depend On!

Cooper Surgical

Pessaries are the preferred choice for women who may prefer to avoid surgery or have medical contraindications.

Pessaries...

The perfect noninvasive solution for assessing or resolving pelvic organ prolapse, stress incontinence, urge incontinence and nocturia associated with urinary retention.

The pessary is a safe and effective device used to manage a number of gynecologic issues including pelvic support defects, stress urinary incontinence and urinary retention. The pessary was designed to reposition the appropriate organs as a first line therapy for all women with prolapse and/or control the timing of urine flow, thus regaining her quality of life. The market-leading Milex® silicone pessaries come in a wide variety of configurations to afford the optimal fit for your patients' needs.

As a nonsurgical tool to manage prolapse and incontinence situations, Milex pessaries have no peer. The device is inexpensive and easily managed. It also provides the opportunity to assess which surgical approach, if any, will improve the patient's condition before going to a surgical solution.

Physicians can use pessaries to assess the effect of prolapse reduction on symptoms and assist in determining surgical options.

Pessary Fitting Process

Proper fitting of the pessary may require the patient to try several pessary shapes and sizes. Once a complete pelvic examination has been performed, the physician should start with a shape and size based on physician's experience. Once the correct shape is determined, the largest pessary that the patient can comfortably wear is usually the most effective. After a comfortable fit, a patient should be able to squat, sit or stand without delivery of the pessary.

The physician's finger should pass easily between the pessary and the vaginal wall. The physician should check the pessary to be sure that the intended function is met. When the indication for the pessary is stress urinary incontinence, the patient should be asked to cough to test for any leakage of urine, with the pessary out and again with it in.



Pessary Selection Chart*

Product Code	Condition and Selection Criteria	Procedentia					Stress Incontinence	Retro Displacement	Incompetent Cervix	Most Common Sizes	Material	Ease of Insertion/ Removal	Compatible with Sexual Activity
		Prolapse			Cystocele	Rectocele							
		1 - 2°	3 - 4°	Vaginal Wall									
MXPER	 Ring	X								2½ - 3¾"	Silicone & Metal	Easy	X
MXPERK	 Ring with knob	X			X		X			2¼ - 3½"	Silicone & Metal	Easy	X
MXPRS	 Ring with support	X			X					2½ - 3¾"	Silicone & Metal	Easy	X
MXPRSK	 Ring with support and knob	X			X		X			2¼ - 3½"	Silicone & Metal	Easy	X
MXPCON	 Incontinence Ring						X			2¼ - 3½"	Silicone & Metal	Easy	X
MXPSH	 Shaatz	X								2¼ - 3"	Silicone	Medium	X
MXPDO	 Donut		X		X	X				2½ - 3¼"	Silicone	Medium/Difficult	
MXPREG	 Regula	X		X	X	X				1¼ - 1½"	Silicone & Metal	Easy/Medium	
MXPGE	 Gellhorn Flexible		X							2¼ - 3"	Silicone	Difficult	
MXPEH	 Hodge	X						X	X	3½ - 4½" x 2¼ - 2⅝"	Silicone & Metal	Easy/Medium	X
MXPHS	 Hodge with support	X			X		X			2½ - 3⅝"	Silicone & Metal	Easy/Medium	X
MXPEHK	 Hodge with knob	X					X		X	3¼ - 3¾" x 1 ¹⁵ / ₁₆ - 2¼"	Silicone & Metal	Easy/Medium	X
MXPHSK	 Hodge with knob and support	X			X		X		X	3¼ - 3¾" x 1 ¹⁵ / ₁₆ - 2¼"	Silicone & Metal	Easy/Medium	X
MXPRI	 Risser	X						X	X	3½ - 4½" x 2¼ - 2⅝"	Silicone & Metal	Easy/Medium	X
MXPES	 Smith	X						X	X	3½ - 4½" x 2¼ - 2⅝"	Silicone & Metal	Easy/Medium	X
MXPCOND	 Incontinence Dish	X					X			2½ - 3⅝"	Silicone	Easy/Medium	X
MXPCONDS	 Incontinence Dish with support	X			X		X			2½ - 3⅝"	Silicone	Easy/Medium	X
MXPEC	 Cube		X	X	X	X				1⅝ - 1¾"	Silicone	Medium	X
MXPECT	 Tandem Cube		X	X	X	X				1⅝ - 1¾"	Silicone	Medium	X
MXPGS	 Gehrung		X		X	X				1⅝ - 1¾" x 2 - 2⅜"	Silicone & Metal	Medium/Difficult	X
MXPGSK	 Gehrung with knob		X		X	X	X			1⅝ - 1¾" x 2 - 2⅜"	Silicone & Metal	Medium/Difficult	X
MXPINF	Inflatoball		X		X	X				2¼ - 2½"	Latex	Easy	X

*Source: Viera AJ, Larkins-Pettigrew M. Practical use of the pessary. Am Fam Physician. May 1, 2000;61(9): 2719-26

MILEX® Brand Pessary Product Offerings

Ring

For mild prolapse.

Product # MXPER



P



Ring		
Product #	in.	mm
MXPER00	1¾	44
MXPER01	2	51
MXPER02	2¼	57
MXPER03	2½	64
MXPER04	2¾	70
MXPER05	3	76
MXPER06	3¼	83
MXPER07	3½	89
MXPER08	3¾	95
MXPER09	4	102
MXPER10	4¼	108
MXPER11	4½	114
MXPER12	4¾	121
MXPER13	5	127

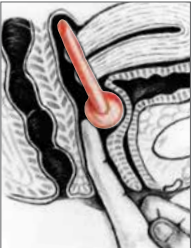
Incontinence Ring

For stress urinary incontinence.

Product # MXPCON



I

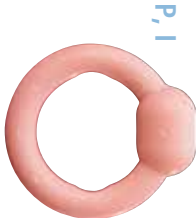


Incontinence Ring		
Product #	in.	mm
MXPCON00	1¾	44
MXPCON01	2	51
MXPCON02	2¼	57
MXPCON03	2½	64
MXPCON04	2¾	70
MXPCON05	3	76
MXPCON06	3¼	83
MXPCON07	3½	89
MXPCON08	3¾	95
MXPCON09	4	102
MXPCON10	4¼	108
MXPCON11	4½	114
MXPCON12	4¾	121
MXPCON13	5	127

Ring with Knob

For mild prolapse complicated by stress urinary incontinence.

Product # MXPERK



P, I



Ring with Knob		
Product #	in.	mm
MXPERK00	1¾	44
MXPERK01	2	51
MXPERK02	2¼	57
MXPERK03	2½	64
MXPERK04	2¾	70
MXPERK05	3	76
MXPERK06	3¼	83
MXPERK07	3½	89
MXPERK08	3¾	95
MXPERK09	4	102
MXPERK10	4¼	108
MXPERK11	4½	114
MXPERK12	4¾	121
MXPERK13	5	127

Ring with Support & Knob

For mild prolapse complicated by a mild cystocele and stress urinary incontinence.

Product # MXPRSK



P, I



Incontinence Ring w/ Support & Knob		
Product #	in.	mm
MXPRSK00	1¾	44
MXPRSK01	2	51
MXPRSK02	2¼	57
MXPRSK03	2½	64
MXPRSK04	2¾	70
MXPRSK05	3	76
MXPRSK06	3¼	83
MXPRSK07	3½	89
MXPRSK08	3¾	95
MXPRSK09	4	102
MXPRSK10	4¼	108
MXPRSK11	4½	114
MXPRSK12	4¾	121
MXPRSK13	5	127

Ring with Support

For mild prolapse complicated by a mild cystocele.

Product # MXPRS



P



Ring with Support		
Product #	in.	mm
MXPRS00	1¾	44
MXPRS01	2	51
MXPRS02	2¼	57
MXPRS03	2½	64
MXPRS04	2¾	70
MXPRS05	3	76
MXPRS06	3¼	83
MXPRS07	3½	89
MXPRS08	3¾	95
MXPRS09	4	102
MXPRS10	4¼	108
MXPRS11	4½	114
MXPRS12	4¾	121
MXPRS13	5	127

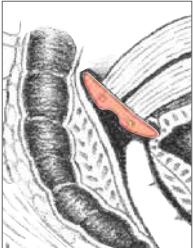
Shatz

For mild prolapse complicated by a mild cystocele.

Product # MXPSH



P



Shatz		
Product #	in.	mm
MXPSH-1½	1½	38
MXPSH-1¾	1¾	44
MXPSH-2	2	51
MXPSH-2¼	2¼	57
MXPSH-2½	2½	64
MXPSH-2¾	2¾	70
MXPSH-3	3	76
MXPSH-3¼	3¼	83
MXPSH-3½	3½	89
MXPSH-3¾	3¾	95

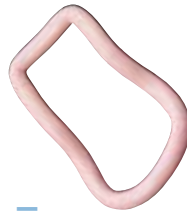
P = Prolapse

I = Incontinence

Hodge

For stress urinary incontinence for a woman who has a very small vaginal introitus.

Product # MXPEH



Hodge w/ Support

For stress urinary incontinence with a mild cystocele for a woman who has a very small vaginal introitus.

Product # MXPHS



Hodge w/ Knob

For stress urinary incontinence in the woman who has a small vaginal introitus.

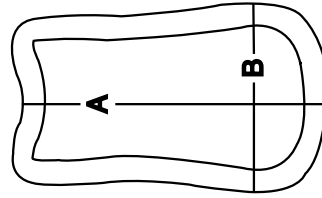
Product # MXPEHK



Hodge w/ Support & Knob

For stress urinary incontinence complicated by a mild cystocele in the woman who has a small vaginal introitus.

Product # MXPHSK



Gellhorn

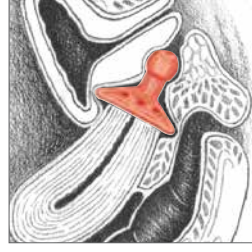
For 3rd degree prolapse/procidencia.

Product # MXPGE

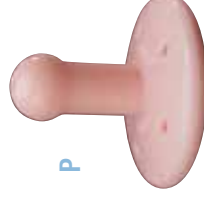
Also available in:

Short Stem Product # MXPGRS

Rigid Product # MXPGRS



P



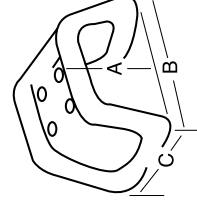
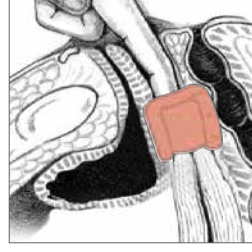
Gellhorn				
Flexible	Rigid	Short Stem		
Product #	Product #	Product #	in.	mm
MXPGE-1½	MXPGRS-1½	MXPGSS-1½	1½	38
MXPGE-1¾	MXPGRS-1¾	MXPGSS-1¾	1¾	44
MXPGE-2	MXPGRS-2	MXPGSS-2	2	51
MXPGE-2¼	MXPGRS-2¼	MXPGSS-2¼	2¼	57
MXPGE-2½	MXPGRS-2½	MXPGSS-2½	2½	64
MXPGE-2¾	MXPGRS-2¾	MXPGSS-2¾	2¾	70
MXPGE-3	MXPGRS-3	MXPGSS-3	3	76
MXPGE-3¼	MXPGRS-3¼	MXPGSS-3¼	3¼	83
MXPGE-3½	MXPGRS-3½	MXPGSS-3½	3½	89
MXPGE-3¾	MXPGRS-3¾	MXPGSS-3¾	3¾	95

Regula

For uterine prolapse (1st and 2nd degree).

Product # MXPREG

P



Regula Folding							
Product #	in. (A)	mm (A)	in. (B)	mm (B)	in. (C)	mm (C)	
MXPREG00	1	25	1½	49	1¾	35	
MXPREG01	1½	27	2	51	1½	38	
MXPREG02	1½	29	2½	54	1¾	41	
MXPREG03	1¾	32	2¾	56	1¾	44	
MXPREG04	1¾	35	2¼	57	1¾	48	
MXPREG05	1¾	37	2¾	60	2	51	
MXPREG06	1½	38	2½	67	2¼	54	
MXPREG07	1¾	41	2¾	73	2¼	57	
MXPREG08	1¾	44	3¼	79	2¾	60	

Cube

Support for 3rd degree prolapse/procidencia.
Should be removed nightly.

Product # MXPEC

Also available in:

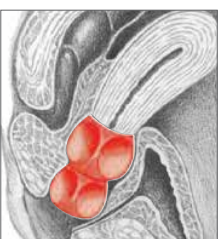
Cube with Drainage Holes
Product # MXPECH



Tandem-Cube

Support for 3rd degree prolapse/procidencia when single cube provides inadequate support.
Should be removed nightly.

Product # MXPECT



Cube			
Cube	w/ Holes		
Product #	Product #	in.	mm
MXPEC00	MXPECH00	1	25
MXPEC01	MXPECH01	1 ¹¹ / ₁₆	30
MXPEC02	MXPECH02	1 ¹ / ₄	35
MXPEC03	MXPECH03	1 ¹ / ₂	38
MXPEC04	MXPECH04	1 ³ / ₄	41
MXPEC05	MXPECH05	1 ³ / ₄	44
MXPEC06	MXPECH06	2	51
MXPEC07	MXPECH07	2 ¹ / ₄	57

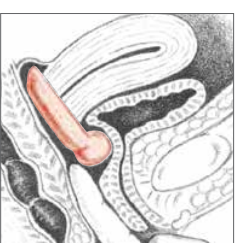
Tandem Cube		
Product #	in.	mm
MXPECT2-0	1 ¹ / ₈ & 1	35 & 25
MXPECT3-1	1 ¹ / ₂ & 1 ¹¹ / ₁₆	38 & 30
MXPECT4-2	1 ¹ / ₈ & 1 ³ / ₄	41 & 35
MXPECT5-3	1 ¹ / ₈ & 1 ¹ / ₂	44 & 38
MXPECT6-4	2 & 1 ¹ / ₈	51 & 41
MXPECT7-5	2 ¹ / ₄ & 1 ³ / ₄	57 & 44



Incontinence Dish

For stress urinary incontinence with mild prolapse.

Product # MXPCOND



Incontinence Dish with Support

For stress urinary incontinence with mild prolapse and a mild cystocele.

Product # MXPCONDS

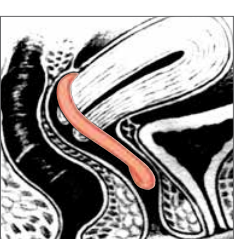


Incontinence Dish			
Dish	Dish w/ Support		
Product #	Product #	in.	mm
MXPCOND00	MXPCONDS00	2 ¹ / ₁₆	55
MXPCOND01	MXPCONDS01	2 ¹ / ₈	60
MXPCOND02	MXPCONDS02	2 ¹ / ₄	65
MXPCOND03	MXPCONDS03	2 ³ / ₄	70
MXPCOND04	MXPCONDS04	3	75
MXPCOND05	MXPCONDS05	3 ¹ / ₁₆	80
MXPCOND06	MXPCONDS06	3 ³ / ₈	85

Risser

Designed for patient with shallow pubic notch. Has larger weight bearing zone to support vaginal aspects of pubis. Helpful in cases of repeated miscarriages due to an incompetent cervix by repositioning the weight of the growing fetus.

Product # MXPRI



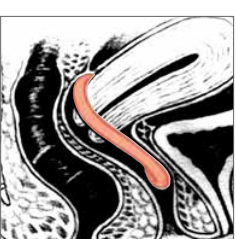
Risser				
Product #	in. (A)	mm (A)	in. (B)	mm (B)
MXPRI00	3 ³ / ₈	79	2	51
MXPRI01	3 ¹ / ₄	83	2 ¹ / ₈	54
MXPRI02	3 ¹ / ₂	89	2 ¹ / ₄	57
MXPRI03	3 ³ / ₄	95	2 ¹ / ₂	60
MXPRI04	4 ¹ / ₄	108	2 ¹ / ₂	64
MXPRI05	4 ¹ / ₂	114	2 ³ / ₈	67
MXPRI06	4 ³ / ₄	121	2 ³ / ₄	70
MXPRI07	5	127	2 ¹ / ₂	73
MXPRI08	5 ¹ / ₈	140	3	76
MXPRI09	5 ¹ / ₄	146	3 ¹ / ₈	79



Smith

Modification of Hodge pessary. For stress urinary incontinence designed for patients with a well-defined pubic notch. Helpful in cases of repeated miscarriages due to incompetent cervix by repositioning the weight of the growing fetus.

Product # MXPES



Smith				
Product #	in. (A)	mm (A)	in. (B)	mm (B)
MXPES00	3 ³ / ₈	79	2	51
MXPES01	3 ¹ / ₄	83	2 ¹ / ₈	54
MXPES02	3 ¹ / ₂	89	2 ¹ / ₄	57
MXPES03	3 ³ / ₄	95	2 ¹ / ₂	60
MXPES04	4 ¹ / ₄	108	2 ¹ / ₂	64
MXPES05	4 ¹ / ₂	114	2 ³ / ₈	67
MXPES06	4 ³ / ₄	121	2 ³ / ₄	70
MXPES07	5	127	2 ¹ / ₂	73
MXPES08	5 ¹ / ₈	140	3	76
MXPES09	5 ¹ / ₄	146	3 ¹ / ₈	79



Gehrug with Knob/Folding

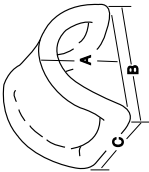
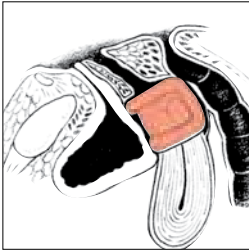
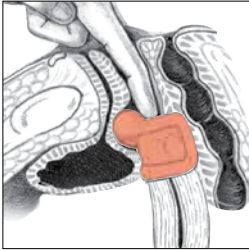
Gehrug/Folding

Support for cystocele and rectocele. It is also more adaptable in cases of procidentia where the uterus tends to herniate when other pessaries are used.

Product # MXPGSK



P



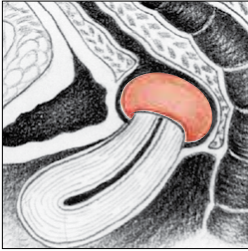
Gehrug									
Gehrug w/ Knob/Folding	Gehrug Folding								
Product #	Product #	in. (A)	mm (A)	in. (B)	mm (B)	in. (C)	mm (C)		
MXPGSK00	MXPGS00	1 1/16	27	1 1/2	38	1 3/8	35		
MXPGSK01	MXPGS01	1 1/8	29	1 3/4	44	1 1/2	38		
MXPGSK02	MXPGS02	1 1/8	35	2	51	1 1/8	41		
MXPGSK03	MXPGS03	1 1/2	38	2 1/8	54	1 3/4	44		
MXPGSK04	MXPGS04	1 5/8	41	2 1/4	57	1 7/8	48		
MXPGSK05	MXPGS05	1 3/4	44	2 3/8	60	2	51		
MXPGSK06	MXPGS06	1 7/8	48	2 1/2	64	2 1/8	54		
MXPGSK07	MXPGS07	2	51	2 7/8	73	2 1/4	57		
MXPGSK08	MXPGS08	2 1/8	54	3	76	2 3/8	60		
MXPGSK09	MXPGS09	2 1/4	57	3 1/8	79	2 3/4	64		

Donut

Support for 3rd degree prolapse/procidentia. Not to be deflated during insertion or removal. See Inflataball if a deflatable pessary is necessary.

Product # MXPDO

P



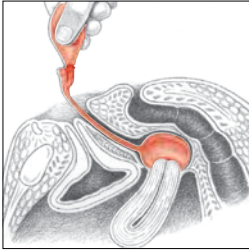
Product #	Donut	in.	mm
MXPDO00		2	51
MXPDO01		2 1/4	57
MXPDO02		2 1/2	64
MXPDO03		2 3/4	70
MXPDO04		3	76
MXPDO05		3 1/4	83
MXPDO06		3 1/2	89
MXPDO07		3 3/4	95

Inflataball™

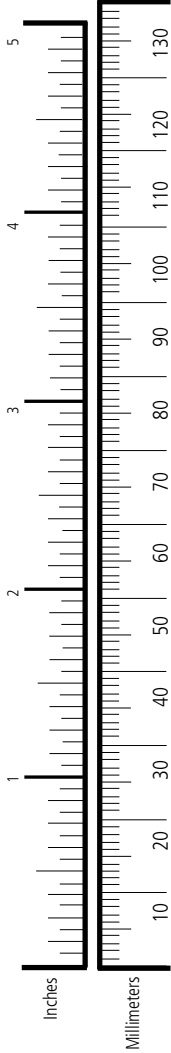
Inflatable for 3rd degree prolapse/procidentia with or without a mild cystocele and/or rectocele.

Product # MXPINF

P



Product #	Inflataball-Size	in.	mm
MXPINF		2	51
MXPINF		2 1/4	57
MXPINF		2 1/2	64
MXPINF		2 3/4	70



Note: Shaded areas show the minimum assortment necessary to fit approximately 85% of patients.

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CooperSurgical

CooperSurgical is the leading company dedicated to providing medical devices and procedure solutions that improve health care delivery to women regardless of clinical setting. Our company is fostering that position through expansion of its core businesses and introduction of advanced technology-based products which aid clinicians in the management and treatment of commonly seen conditions.

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